

INLAND EMPIRE BREASTFEEDING RESOURCES

Public Health Women, Infants and Children Program

This document is intended to help you locate breastfeeding resources in the Inland Empire.

Please call to schedule an appointment. For more information on breastfeeding resources, visit <u>wic.sbcounty.gov</u>.

BREASTFEEDING SERVICES						
SUPPORT LINE	IN-PERSON CLINIC	IN-HOME SUPPORT	VIRTUAL CLINIC			
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SERVICE(S)	FEE- BASED	RESOURCE NAME	CITY	HOURS OF OPERATION	PHONE NUMBER
Q Q		St. Mary's Medical Center- Mommy and Me Center 16051 Kasota Rd., Ste. #800, Apple Valley	Apple Valley	Times vary, please call.	(760) 217-5971
©		Barstow Community Hospital 820 E. Mountain View St., Barstow * Clinic is ONLY available for patients that have given birth at the hospital.	Barstow	Times vary, please call.	(760) 957-3323
•		The Mom and Dad Project 41820 Garstin Dr., Big Bear Lake	Big Bear Lake	Mon Thurs. 9 a.m 5 p.m.	(909) 878-2326
•	\$	Birth Your Way Birth Center 10420 Beaumont Ave., Suite I, Cherry Valley	Cherry Valley	Tues Thurs. 9 a.m 5 p.m. (closed from 12 - 1 p.m.)	(909) 343-8766
		Public Health Foundation Enterprises WIC	Chino & Pomona	Mon Fri. 9 a.m 5:30 p.m.	(888) 278-6455
•		Arrowhead Regional Medical Center 400 N. Pepper Ave., Colton * Offers prenatal breastfeeding classes.	Colton	Times vary, please call.	(909) 580-3348
©		* Clinic is ONLY available for patients that have given birth at the hospital.	Corona	Times vary, please call.	(951) 808-6721
	\$	Just Natural Breastfeeding Solutions	Inland Empire, Riverside & Orange County	Times vary, please call.	(951) 394-2087
	\$	Best Fed Babies and Virtual Breastfeeding Help	Inland Empire	Times vary, please call.	(951) 288-1920
		Community Action Partnership of Kern WIC Program * Must be a WIC participant.	Kern County (Adelanto, Big Bear, Crestline, & Needles)	Mon Fri. 7:30 a.m 5 p.m.	(866) 327-3074



SERVICE(S)	FEE- BASED	RESOURCE NAME	CITY	HOURS OF OPERATION	PHONE NUMBER
© 🚰	#	Loma Linda University Children's Hospital- Birth and Beyond Education Center 11215 Mountain View Ave., Suite 179, Loma Linda	Loma Linda	Times vary, please call.	(909) 558-5000
©	\$	Rancho Springs Medical Center- Admin Building 25520 Medical Center Dr., Murrieta	Murrieta	Times vary, please call.	(951) 440-842
©		Desert Regional Medical Center- Healthy Beginnings 1180 N. Indian Canyon Dr., Palm Springs	Palm Springs	Times vary, please call.	(760) 416-475
Q •		Pomona Valley Hospital- Lactation Center 1798 N. Garey Ave., Pomona	Pomona	Times vary, please call.	(909) 623-645
Q Q		Redlands Community Hospital- Family Clinic 802 W. Colton Ave., Ste. D, Redlands	Redlands	Times vary, please call.	(909) 793-6330
©		Ridgecrest Regional Hospital- Maternal Child Unit 1081 N. China Lake Blvd., Ridgecrest	Ridgecrest	Mon., Wed., & Fri. 8:45 a.m 12:45 p.m.	(760) 499-3032
©		Parkview Community Hospital 3865 Jackson St., Riverside * Clinic is ONLY available for patients that have given birth at the hospital.	Riverside	Times vary, please call.	(951) 688-221 Ext. 4111
Q Q		Riverside County WIC Program	Riverside County	Times vary, please call.	(951) 358-720 (800) 455-494
		Loving Support Breastfeeding Helpline	Riverside County	Available 24 hours a day, 7 days a week.	(888) 451-249 (951) 358-721
©		Community Hospital of San Bernardino 1725 Western Ave., San Bernardino	San Bernardino	Tues Fri. 9 a.m 2 p.m.	(909) 806-181
©		Inland Behavioral & Health Services, Inc. WIC Program 665 N. D St. San Bernardino * Must be a WIC participant.	San Bernardino	Mon Fri. 8 a.m 7 p.m. Sat. 9 a.m 5:30 p.m.	(855) 424-794
©		St. Bernardine Medical Center- Baby and Family Center 403 E. Highland Ave., San Bernardino	San Bernardino	Times vary, please call.	(909) 881-442
©	£	The Natural Birth Place, Inc. 1881 Business Center Dr., Ste. #8A, San Bernardino * Offers tongue tie revisions	San Bernardino	Times vary, please call.	(909) 567-216
Q		San Bernardino County WIC Program	San Bernardino	Mon Thurs. 7:30 a.m 5 p.m. Fri. 7:30 a.m 4 p.m.	(800) 472-232
Q Q		San Antonio Regional Hospital- Healthy Beginnings 901 San Bernardino Rd., Ste. #107, Upland	Upland	Mon., Tues., Thurs., & Fri. 8 a.m 2 p.m.	(909) 920-623
©		Global Communities Healthy Start IEHP- 12353 Mariposa Rd., Suites C-2 & C-3, Victorville	Victorville	Thurs. 10 a.m 12 p.m.	(858) 208-094

